

RESPIRATORY FLOW SHEET

Patient Name:		Physician Name:		
Date of Birth:		Physician Phone:		
Member #:				
INTERVENTIONS	DATE	DATE	DATE	DATE
Blood pressure • < 130/80 mm Hg				
Weight (lb or kg)				
Height				
Status of Comorbidities				
Lipid profile (annual) <i>Goals: Total Chol < 200mg/dL</i> Total cholesterol	mg/dL	mg/dL	mg/dL	mg/dL
<i>LDL < 100 mg/dL</i> LDL	mg/dL	mg/dL	mg/dL	mg/dL
<i>HDL > 40 mg/dL (men)</i> <i>HDL > 50 mg/dL (women)</i> HDL	mg/dL	mg/dL	mg/dL	mg/dL
<i>TG < 150 mg/dL</i> Triglycerides	mg/dL	mg/dL	mg/dL	mg/dL
Symptomatology ▪ Use of Monitoring Tools				
• Airflow limitation/Spirometry				
• Use/Response to Medication				
Social and Family Support				
Exposure to risk factors- including intensity and duration				
Aspirin therapy 81-325mg per day, pts. over 40 and patients under 40 with documented CHD risk factors and Chronic Respiratory Disease				
FEV1				
FEV1/FVC				
Peak Flow				
Flu vaccine (annual)				
Pneumonia vaccine				
Oxygen Usage				
Smoking cessation counseling				
Exercise program				