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APRIL 2008

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## Exclusively for: Joseph

Welcome to the latest newsletter from INETICO, Inc.

Our lead article is the ***PRESIDENT'S MESSAGE***, from INETICO President and CEO, Joseph C-W Hodges.

Following the lead article are ***INDUSTRY NEWS, BEST PRACTICES, CORPORATE NEWS*** and ***HUMANITARIAN NEWS*** items that we think you will find interesting and informative.

In addition, we offer links to the latest healthcare information via partnered links, community blogs, and other reputable sources within our industry. Those ***AFFILIATIONS*** and ***OTHER LINKS*** can be found in the right sidebar.

For your personal health and wellness, we offer you a ***HEALTHY RECIPE***, chosen by an INETICO employee, as well as ***THE PUZZLER***, a section for you to take a break and stretch your mind. Those sections can be found at the end of the newsletter.

We hope you enjoy this issue. Please feel free to forward this newsletter on to a colleague by using the easy ***Send to a Colleague*** button in the top right corner.

Please send comments, questions or suggestions to us at [inetinews@inetico.com](mailto:inetinews@inetico.com)

## PRESIDENT'S MESSAGE

### Success = 100% Transparency

Joseph C-W Hodges, INETICO President & CEO

## AFFILIATIONS

INETICO is a member of the following organizations:

[AAPPO](#)

[FHCC](#)

[HCAA](#)

[Schwabacher](#)

[SIIA](#)

## OTHER LINKS



[Health Industry News](#)  
 Healthcare industry news analysis.

[AMA Physician Locator](#)  
[American Cancer Society](#)  
[American Heart Association](#)

In January of 2007, we launched our web-based care management product, INETICARE. More than a year later, I am proud to say that this program has been a very successful tool for our payor community. INETICO clients have described our live Utilization Management, Case Management and Disease Management program as the most comprehensive and interactive clinical tool available in the market. Clients always give three reasons why they love INETICARE: Access, availability and immediate, on line, 100% transparency. It only makes sense that this transparent product should be successful, as it reflects our value statement of, "Imagination, Innovation and Integration". Those three words are the cornerstone of our commitment to the market place and are reflected in the three boxes that precede our INETICO and INETICARE logos.

This year we expect continued growth with all of INETICO's products and I am excited about INETICO's...

[Click here for complete article](#)

- [American Lung Associa](#)
- [Cancer Research](#)
- [Epocrates Rx Reference](#)
- [ICD9 Coding](#)
- [Living Wills, etc.](#)
- [Mayo Clinic](#)
- [Medicare Pricing Resou](#)
- [Medication Reference](#)
- [Merck Manual](#)
- [MultiCultural Health](#)
- [Nat. GuideLine Clearing](#)
- [Nat. Heart/Lung/Blood Ir](#)
- [National Institute of Hea](#)
- [Pricing Resource](#)
- [GovBenefits](#)
- [Institute for Health](#)
- [Improvement](#)

## INDUSTRY NEWS

### CMS to host National NPI Roundtable.

 Theo Angelakos, INETICO Marketing & PR Director

NPI is just around the corner. Are you ready? INETICO, the leader in online care and claims management, has been ready for the CMS administered change for more than a year. We welcome the opportunity to implement the change seamlessly. We hope you are ready, too.

The CMS will host a National NPI Roundtable...

[Click here for the complete article](#)

#### DISCLAIMER:

While each website, listed above, discusses issues we think you might find interesting, they are not affiliated with INETICO or its employees. Editor opinions found within the sites may not be the views of INETICO.

## BEST PRACTICES

### Data Integrity

 Cliff Palmer, INETICO CIO

Data is present in every aspect of our lives. How you save it, communicate it, and discard it can be somewhat subjective. But what if you're held accountable for its accuracy? How do you ensure the integrity of your data?

Data Integrity is described as a condition of being accurate, valid, and complete without alteration. It should be free of duplication and current in nature. There are several Best Practices an organization should implement in order to achieve this goal.

#### Top Four Best Practices

Information Systems should implement policies and procedures that promote a clean, complete, and healthy picture of their data. The top four Best Practice policies and procedures that should be implemented are the following:

[Click here for the complete article](#)

#### The Puzzler Answers

Answers to the Puzzler

D. Type 2 diabetes is when the body fails to properly use insulin

F. Long-term symptoms of stress may be any or all of those listed

B. According to AHA guidelines, thrombolytics should be given within three hours of the onset of acute ischemic stroke symptoms

True. Trendelenburg's position (head down) will increase intracranial pressure.

## CORPORATE NEWS

### i<sup>3</sup> Award

 Theo Angelakos, INETICO Marketing & PR Director

**We value your feedback. Tell us if you like this newsletter.**

Reflected in the business model at INETICO are three core values, known as  $i^3$  (i-cubed).

[Click Here and Take Our Survey!](#)

**IMAGINATION:** Ability to face and resolve difficulties.

**INNOVATION:** Introduction of something new.

**INTEGRATION:** Combining new components into a system.



At INETICO, we encourage and recognize the  $i^3$  qualities in everyone. Every quarter, we present an  $i^3$  award to an employee in recognition of an  $i^3$  initiative. The newest recipient of the  $i^3$  award was...

[Click here for the complete article](#)

## HUMANITARIAN NEWS

### INETICO Donates 1,300 pounds of rice to Haiti



Joe Hodges with 1,300 pounds of rice for Haiti

On Saturday, April 5, INETICO donated 1,300 pounds of rice to the people of Haiti through the organization, [Help Brings Hope for Haiti](#). The [HBHH](#) began in 2003 and has been instrumental in bringing much needed educational, medical and nutritional resources to the rural communities of Haiti. Through

its committed core of volunteers, 99% of resources go directly to the people of Haiti without government intervention.

## HEALTHY RECIPE

### New England Fish Patties

Stephen Dean, INETICO Repricing Analyst

This healthy dish is quick and easy to make.

Serves: 6

Preparation Time: approximately 5 minutes

Cooking Time: approximately 5 minutes

#### DIETARY INFORMATION (per serving)

- Calories: 180
- Cholesterol: 9.5mg
- Sodium: 66mg
- Carbohydrates: 19mg
- Protein: 16g
- Fat: 7.4g (saturated fat: 1.8g)
- Omega-3 fatty acids: 161mg

[Click here for the complete recipe](#)

## The Puzzler

### Take a break and stretch your mind...



Challenge your memory and test your healthcare knowledge.

#### 1) Diabetes

Type 2 diabetes is when:

- A. The body is allergic to insulin
- B. The body does not produce insulin
- C. The body has low blood sugar
- D. The body fails to properly use insulin

#### 2) Stress

Some longer-term symptoms of stress are:

- A. Fatigue
- B. Inability to concentrate
- C. Irritability
- D. Depression
- E. Headaches
- F. All of the above

#### 3) Stroke

Current guidelines accepted by the American Heart Association indicate thrombolytics should be given within how many hours of the onset of acute ischemic stroke symptoms?

- A. 1 hour
- B. 3 hours
- C. 6 hours
- D. 24 hours

#### 4) Stroke

True or false: Trendelenburg's position is NOT a proper procedure to

manage increased intracranial pressure.

(Answers can be found in the right sidebar)

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